



RUTF is a fortified peanut paste developed to treat children with severe acute malnutrition. It doesn't require water, refrigeration or preparation. The main ingredients are powdered milk, peanut butter, vegetable oil, sugar, and a mixture of vitamins, salt and minerals. RUTF allows children to be treated at home rather than in a hospital and has been hailed as a miracle for rehabilitating severely malnourished children.







"I don't know her exact weight, but I can feel she is getting heavier day by day."

In 2018, over 51,000 Internally Displaced People (IDPs) fled their homes due to hunger and drought. Gulbibi, aged 20, her husband, Mohammad Amin, and their three children were one of these families, and now live in a makeshift shelter outside Herat. Gulbibi's youngest child, one-and-a-half-year-old Nasima (above, front left), was close to death. In desperation, Gulbibi took her to the World Vision mobile health clinic, which provides basic health services to the IDP area once a week, including growth monitoring and free medicine for families. Nasima was diagnosed with severe acute malnutrition. Gulbibi was given Mana RUTF to treat her daughter, and she was trained on proper hygiene practices. Within one month of receiving Mana RUTF, Nasima's weight increased from 8 to 8.5 kilograms, and she is no longer pale and lethargic.





Maria Martini with a mother and malnourished child in Malawi

From 2011 to 2019, our partnership has:



Programmed 111 containers of RUTF



Or 99,900 cases of RUTF



Provided treatment for nearly 100,000 children with severe acute malnutrition



Supported 16 countries globally

1 case saves 1 life 900 cases in one container Each container saves 900 lives

FOOD FOR FAMINE'S CONTRIBUTION:





Thank You

for giving love to children in Africa and Asia with the gift of lifesaving nutrition!

Your contribution of 111
containers of RUTF to 16
countries has been an invaluable
part of improving the lives of
nearly 100,000 of the world's
most vulnerable children.